

# PREPARE THINK RECORD FOCUS GET SUPPORT

## PRACTICAL TIPS FOR

# ACTIVISM

### PREPARE

**Plan your activities in advance** to ensure that you have the necessary permits and authorizations from local and/or campus authorities, that you understand what regulations may apply, and that you're prepared for possible backlash, with supporters lined up to back you, a media strategy, and any necessary legal advice in advance, when possible.

### THINK

**Consider the potential legal implications** of your activities, including possible civil or criminal sanctions. Review this guide for information about issues that might arise in your activism, and contact us with questions.

### RECORD

**Create a record of incidents** that you believe target your speech activities — such as attempts to repress your speech by government, university officials, private groups, etc. Record details, such as date, time, location, witness names and contact information, law enforcement names and badge numbers, what was said/done, pictures and other evidence. Confirm in writing any understanding reached in in-person meetings by emailing and asking for a response. Make notes while the event is fresh in your mind. Record all incidents, including those big and small.

### FOCUS

**Focus on your activism!** Media work, public actions, advocacy campaigns, and legislative work are most effective in getting your message out. Legal action is a last resort in most cases.

### GET SUPPORT

**Contact us** when you or your group needs legal or advocacy support, and to report incidents. We may be able to provide you with additional resources and connect you with organizational support or other lawyers in your area who understand the political and legal issues, if necessary, email [info@justpeaceadvocates.ca](mailto:info@justpeaceadvocates.ca).

